

Robert Carre Trust
Week 5
 5th Feb – 9th Feb
Winter menu

Name Class/Year

Monday		Tick
Main	Meatballs in a tomato sauce, pasta & peas	
Main (V)	Mixed bean casserole, pasta & peas	
Bread	Chicken Tikka Wrap, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Chocolate Brownie & Chocolate Sauce	
Dessert	Fruit	
Dessert	Yoghurt	

Tuesday		Tick
Main	Roast chicken, roast potatoes, stuffing, carrots & gravy	
Main (V)	Feta & courgette tart, roast potatoes, carrots & gravy	
Bread	Ham roll, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Cookie	
Dessert	Fruit	
Dessert	Yoghurt	

Wednesday		Tick
Main	Jacket potato cheese & beans	
Main (V)	Jacket potato cheese & coleslaw	
Bread	Tuna mayo baguette yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Jam & Coconut Sponge & Custard	Y3/4 TRIP
Dessert	Fruit	
Dessert	Yoghurt	

Thursday		Tick
Main	Cottage pie, green beans , Yorkshire pudding & gravy	
Main (V)	Quorn mince pie, green beans, Yorkshire pudding & gravy	
Bread	Cheese Sandwich, yoghurt, fruit or vegetable sticks cake or cookie	
Dessert	Muffin	
Dessert	Fruit	
Dessert	Yoghurt	

Friday		Tick
Main	Cod bites, herby potatoes & sweetcorn	
Main (V)	Falafel, herby potatoes & sweetcorn	
Bread	Turkey roll, yoghurt, fruit or vegetable sticks, cake or cookie	
Dessert	Jammy dodger	
Dessert	Fruit	
Dessert	Yoghurt	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.50/day Total Amount :£
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Please return this form and payment by **THURSDAY 18 JANUARY**

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Please complete and detach this section and keep for your records (Parent's Copy) w/c 5 Feb

Monday			Tuesday			Wednesday			Thursday			Friday		
M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y